



ST REGIS

MARDAVALL • MALLORCA



SPA À LA CARTE PACKAGE: TREATMENTS LIST

- **Relaxing/ Aromatherapy Massage - 50min:** This massage concentrates on soothing away tiredness, stress, alleviating tension, inducing relaxation to the body and mind. Whatever your personal needs are, with over 45 different natural essential oils to choose from. All 100% pure oils.
- **Phyto-Aromatic Facial - 50min:** These skin enhancing “made to measure facials” ensure effective, visible results. This collection has been designed to be tailor made for your individual skin needs through individually blended plant active serums, masks and aromatic intensive complexes.
- **Thalasso Therapy Bath - 30min:** Thalasso therapy is based on the effects of sea water on the pores of the skin. The pores are opened, easing the circulation, restoring balance to the flow of blood through the body and correcting any flaws or imperfections. Seaweed, with its healing antibiotics and antiviral properties, rounds off the process.
- **Traditional Chinese Medicine Tuina Massage - 50min:** Therapeutic massage based on examination, articulation and manipulation of muscles fibers and prevention of incorrect posture, bad habits and illness.
- **Anne Semonin Sea Salt and aromatic oil body exfoliation - 25min:** An express aromatic oil and salt scrub the perfect skin preparation, leaving skin deeply nourished, smoothed and hydrated.
- **Ligne St Barth Elasticity Body mask - 30min:** Intensive body care to improve the appearance of the skin with valuable minerals and vitamins as natural components of clay and fresh pineapple or cucumber mousse.
- **Ligne St Barth Harmony Body Massage- 55min:** Enjoy a relaxing, gentle body massage with intensive care products specially tailored to your needs
- **Thalasso Face Hydrating Treatment - 50min:** Thalasso therapy basic cleansing and hydrating face treatment
- **Anti-aging Biolifting (Tradicional Chinese Medicine) - 50min:** Facial acupuncture works like a very special form of bio-lifting. Stimulates points of the face and cleavage area energizes all facial muscles
- **Water balancing therapy (in sea water pool) - 45min:** Relaxing aquatic therapy with a therapist where the movements are combined with smooth stretching, while being floated in 36 degrees temperature.